

# REDHOTMAMAS<sup>®</sup>

outsmarting menopause<sup>™</sup>

## Menopause Management Education and Support

### Proven Results:

Over the past 17 years, Red Hot Mamas<sup>®</sup> has developed, tested and evaluated their menopause education programs, which meet on a monthly basis, and are designed to educate women in the menopause transition. Building on these strengths, we are now pleased to offer *Outsmarting Menopause*<sup>®</sup>.

### Tailored To Women's Needs:

- You choose 3 out of 12 proven topics pertinent to menopausal women in your community

### Flexible:

- Can be executed as a one-day program  
--or--
- Can be broken out into three individual monthly programs, you decide

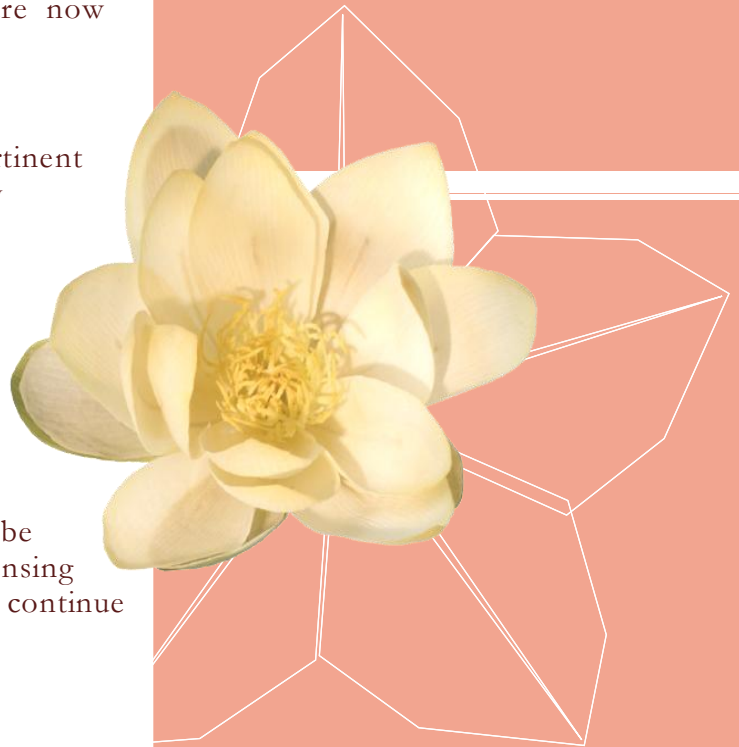
### Cost-effective:

- The purchase of the three-part series will be credited to the purchase of a one year licensing agreement with the RHM if you intend to continue with us
- Includes complimentary and continuous collaboration with RHM staff to ensure success

### Our New Red Hot Signature Offering: *Outsmarting Menopause*<sup>®</sup>

A three-part, turnkey series focusing on menopause education and support led by health care professionals.

Now being offered to hospitals in US and Canada!



**We are ready to answer your questions and eager to serve you:**

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